

Blair relapses her bulimia

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Summary: Blair relapses but she can't hide everything from Serena. Serena will be there for her but when Blair has to deal with the unimaginable, will Serena still stick by her side?

## 1. Chapter 1

Serena had waited ages for Blair, knowing Blair was always on time she began to worry. Blair usually texted or called in advance if she couldn't make it and the fact she wasn't answering her phone panicked Serena. They were supposed to meet for lunch at their favourite lunch place, which was a rare occasion for these two. Serena thought that Blair had maybe been held behind in class or something and eventually eased herself from the pain. Thinking that Blair was probably fine, Serena headed back in to Constance (their school) and sat for lunch.

Blair hadn't been spotted or heard from within the last half hour which is unusual for Blair Waldorf. Knowing people could see the worry on her face Serena decided to go to the ladies for some privacy. She decided to go to the top floor bathrooms as there was usually no one up there and was a great place to think.

The silence filled the long corridor on the fourth floor and Serena could feel it. As soon as she opens the bathroom door she immediately recognizes the sound of her best friend spilling her guts out. "Blair" she says with a worrying tone, "is that you?" already knowing the answer. Blair's too busy to reply and doesn't acknowledge her until she is knelt next to her holding her hair and rubbing her back in slow circles which Blair felt comforted by.

Blair eventually stops and leans her head against the wall of the stall, "I didn't mean too".

The pair sit in a silence for a minute, giving Blair a chance to calm herself. After a while Serena says "You be fine, your fine" as Blair begins to cry in her arms. Serena eventually gets her off the floor

and steady's her. Not having much strength, Blair leaned against Serena, tears still rolling down her face.

Knowing that Blair wouldn't want people to see her Serena decides to go out the back of the school to avoid people and Gossip Girl's spies. Blair, still not fully with it and almost fainting is glad to have her best friend at that point and even though she wouldn't say it out loud, she wishes Serena was there all the time.

They get into the limo "Blair, you okay?" Serena asks worryingly. Blair unable to answer just gives an "mmhmm" as a reply, still relying on her friend to hold her up.

## 2. Chapter 2

Blair, slightly more with it, lets out a quiet "okay" When they got back to Blair's, the blonde managed to get Blair up to her room, knowing her mother was out of town, and sat her down next to the toilet, assuming she was going to throw up again. Blair's episodes could last up to a couple of hours and Serena didn't want to risk making a mess as she knew Blair wouldn't be happy if she did.

Serena left Blair to get some water from the kitchen and when she returned Blair was once again sick. She rushed to her friend as soon as she heard her and supported her as much as she could although it did not seem like much in Serena's mind.

"It will be alright B" Serena said whilst rubbing her friends back. Blair let out an obviously painful moan in between gagging. "Why would you do this to yourself B?" Serena said under her breath.

Blair finally stopped and nestled herself into Serena on the bathroom floor, tears rolling down her face. Serena knew she had to get her up and showered so she could rest.

"Blair, we're going to stand up now, okay?"

Serena sits her on the toilet seat and strips her clothes off until she only has her underwear and bra on. She tried to get her to stand up on her own but knew after a while it wasn't going to be possible.

"Right, okay B" Serena says to herself. "Guess I'm getting in with you"

She strips down as fast as she can so she has the same amount of clothes on to Blair, stands her up and turns the shower on to a warm heat.

Blair leans her weight against Serena effortlessly while Serena shampoo's her hair for her.

"All done B" she said to inform Blair on what was happening.

"Cold" Blair let out a little murmur.

"I know B, your be warm in a minute, I promise"

Serena wrapped Blair in a towel and sat her on the toilet seat whilst she got changed quickly. Blair sat there patiently with her eyes closed, half asleep. Serena changed her into the comfiest clothes she could find and directed her to the bed one step at a time.

"That's it B, nice and slow, just take your time"

Blair suddenly trips but luckily for her, Serena is clinging on to her for life and catches her before she is able to hit the floor.

"Careful Blair" Serena says in a concerned way.

Blair acknowledges with a simple "mmhmm", craving her bed more than ever.

Serena gets her to bed and tucks her under the duvet to keep her warm. She goes to leave the room but is requested by Blair "Lay with meâ€¦please" in an innocent tone.

"Okay B, I'm just going to get water and I'll be right back"

Blair says nothing and tucks her head into the pillows to get a comforted feeling.

### 3. Chapter 3

Serena returns and Blair is fast asleep. She grabs Blair's desk chair and pulls it to the side of Blair's bed. She decides to read a magazine while watching Blair with a close eye to make sure she was alright.

After a while Serena's phone goes off "shit!" the blonde says as she is worried it would wake up Blair. It was her mum, worried about where she was as the school informed her that Serena had left the premises.

"Mum, I had to leave, Blair was in a terrible state and I had to bring her home. I'm looking after her now"

Blair moves her body but does not awake.

"Okay sweetie, just let me know what's happening, okay?" Lily asked.

"Yeah, I think I'm going to spend the night here so I'll see you tomorrow."

Serena hangs up the phone and Blair turns over to face Serena. She slowly opens her eyes and sees the tall blonde sat there with a concerned face.

Blair's throat hurt so much and Serena could tell from the look on her face.

"Hurting?" She said quietly

"Yeah" Blair whispered in a croaked voice

Blair grabs the water from her bed side table and try's to unscrew the cap. She struggles as her shaky hands did not allow her to do it. Serena takes the bottle from her and holds the bottle to her mouth whilst Blair sips.

Blair lay's her head back on the pillows, the room spinning so much she could be sick. Her face was a pale white colour. Serena had never seen Blair look so bad.

When Blair had bulimia before it never made this much of an impact on her, she could just be sick and act like normal straight after.

"I'm going to stay the night with you"

Blair nods in acceptance and tries to sit up. Her stomach was in knots so she struggled and eventually gave up, lying back down again.

"Here, I'll help" Serena says.

Serena puts one hand around Blair's back and uses the other to put pillows behind her back so she would be comfortable.

"Thankyou" Blair whispers out.

"What happened Blair?" Serena breaks the silence.

Blair just shakes her head slowly as a tear goes down her face.

"Blair, you can tell me"

"I don't know, I was fine then all of a sudden this happened!" Blair said in her croaked voice, now having a flood of tears down her face.

Serena gets up and hugs her "It will be okay B, we'll fix this, together".

"But your mum gets in tomorrow night from Paris and I really think you should tell her"

Blair makes a sudden movement "No, she'll just send me back to that stupid counsellor, I can't go back there!"

Blair starts breathing heavily, which she usually did before she was going to throw up.

#### 4. Chapter 4

After a while, when the sobbing calmed and evened out Serena saw that Blair was practically asleep on her lap. She carefully got up, trying not to wake Blair and carried her to her bed and tucked her in gently.

Serena sat back in her seat thinking. She knew that her and Nate were having issues and to be honest she didn't even know if they were going out anymore.

She sat there with her phone open for a good hour, contemplating whether to call Chuck or not, I mean he could be her future child's father and she's led here sick and weak.

She decided to call him, she wasn't going to tell him everything but she had to tell him the basics as he would not be interested otherwise.

She left Blair's room and wandered into the kitchen where she knew Blair couldn't hear her.

"Hey sis" A voice said down the phone "and what can I help you with today?"

Serena panicked and didn't know what she was doing.

"ummâ€¦..could you come to Blair's please? I need to talk to you"

"Everything okay?" Chuck felt his heart rate speed as he realised that Blair might be not okay. They didn't officially have anything between them but that doesn't mean they don't have a connection.

"Blair's sickâ€¦..but she'll be okayâ€¦..I I just need to talk to you about something pretty important."

Chuck knew from the way she was speaking that something was wrong with Blair. He didn't even think about it "I'm on my way"

Serena hung up the phone and put it back in her pocket. She got a glass of water for Blair and slowly walked up the stairs back to the patient.

"Heyâ€¦..your awake" She said as she walked in.

"Feeling any better?"

Blair tried to talk but all that came out was a whisper  
"Worse"

Serena felt her head and it was quite hot but had cooled down since before.

"Okay, I think you just need to sleep" She said slowly

Blair rolled over and closed her eyes shut and slowly fell asleep with Serena looking over her.

For a while Serena forgot about Chuck who was probably downstairs waiting.

Serena looked at Blair one more time to make sure she was definitely asleep and made her way down the stairs. She was welcomed by the face of a worried Chuck Bass.

"Is Blair okay?" He said fast

"She's fine, she's sleeping right now"

"Okay, what you want to talk to me about?" He asked

"I need you to answer honestly to this question" She said staring at him in the eyes.

"Okay" He replied hesitantly

"Do you love Blair?"

There was a moment of silence until there was a quite whisper of the word "yes"

Serena looked up at him and wasn't surprised with the answer. She saw the way they looked at each other every day and knew from the start that it was more than friendship.

"Good" She smiled

"Why?" He asked curiously.

"Blair's bulimic again"

"Omg, what happened?"

"That's what I need to talk to you about" Serena said avoiding eye contact.

"The only thing is that you can't tell her I told you until she tells you herself"

"Okay" Chuck said with an even more worried look.

"She'sâ€¦.ummâ€¦.pregnant" The last word no louder than a whisper

"And it's definitely yours Chuck"

Chuck was shocked "How do you know it's mine"

"You're the only person she's ever slept withâ€¦you're the only person she trusted with that"

Chuck put his hand through his hair nervously and was speechless.

"Can I see her?"

"I'm sorry Chuck but if she finds out you were even here she would kill me and you would probably trigger another round of throwing up. She's so fragile right now."

She could see the disappointment on his face.

"I'll call you when you can come see her"

"Please" He said as he walked towards the elevator.

With that he left and Serena wandered back up the stairs trying to take in everything he just said to her.

End  
file.